



**It can happen at any age—
even among children. Any
gender. Any ethnicity.**

Kidney stones are one of the most common disorders of the urinary tract, affecting **one in every 10 people nationwide**, and they are on the rise, particularly among women and children.

Although not life-threatening, kidney stones are among the most painful conditions health care providers encounter, and the chance of having a recurrence is great. In fact, half of the people who have a kidney stone will have another within 10 years.

Kidney stones are small “pebbles” of salt and minerals that build up in the urine and can range in size from a small grain to a golf ball. They can occur in the kidney itself, the ureter (the tube connecting the kidney to the bladder), or in the bladder. Some can pass through the urinary tract without a problem, but others may get stuck and require medical treatment.

RUTGERS

Robert Wood Johnson
Medical School

Comprehensive Kidney Stone Center
Rutgers Robert Wood Johnson Medical School
& Robert Wood Johnson University Hospital

Two convenient locations!

Main Office:

Clinical Academic Building
125 Paterson Street
Suite 4100
New Brunswick, NJ 08901

Satellite Office:

Rutgers Cancer Institute
of New Jersey
195 Little Albany Street
New Brunswick, NJ 08903

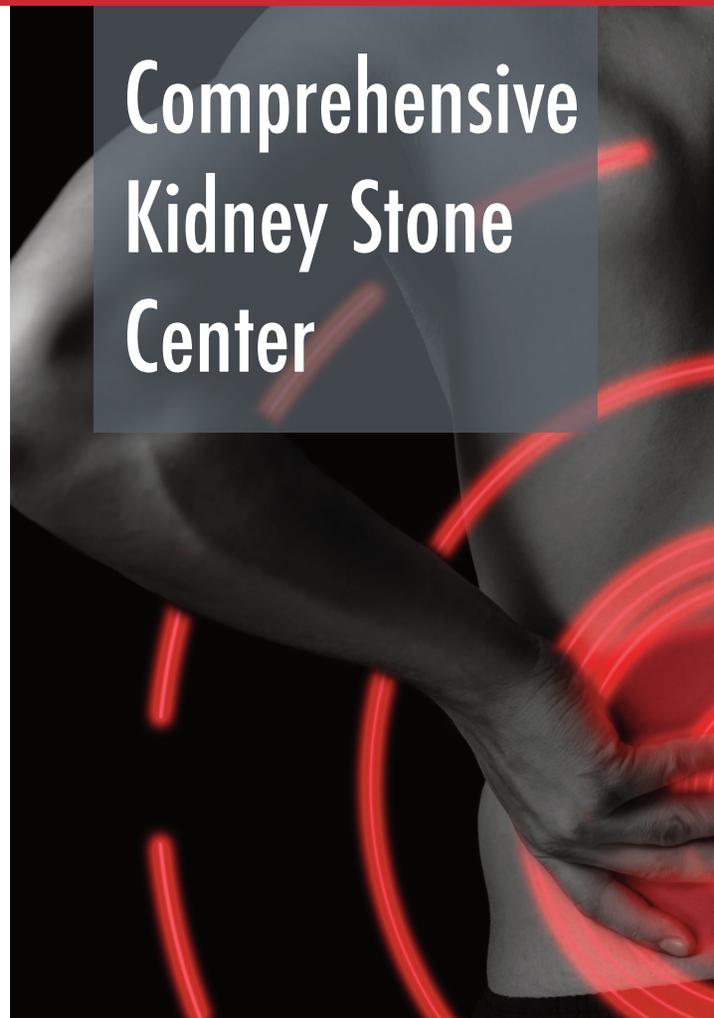
Phone: 732-235-7775

(Select Prompt 1 for appointments.)

Rutgers, The State University of New Jersey

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Comprehensive Kidney Stone Center



RUTGERS

Robert Wood Johnson
Medical School

RWJ

ROBERT WOOD JOHNSON
UNIVERSITY HOSPITAL

Interdisciplinary Care for Adults and Children



Our goal is to treat kidney stones and prevent their recurrence.

A joint program of Rutgers Robert Wood Johnson Medical School and Robert Wood Johnson University Hospital, our comprehensive kidney stone center offers a multi-disciplinary approach for the management of kidney stones, including surgical, medical, and dietary evaluation and counseling.



A Range of Treatment

The center's integrated team approach is led by board-certified urologists and a nephrologist, providing the latest surgical and non-surgical treatments for kidney stones. Because diet is an important factor in the development of kidney stones, our specialists work to determine the cause of the stones and, if needed, dietitians will work with patients to develop dietary changes designed to prevent future stones from forming.

Our services and capabilities include:

- **The most advanced technology**, including **extracorporeal shockwave lithotripsy (ESWL)**, an outpatient procedure that involves the use of shock waves to break the stone into small pieces that can pass out of the body in the urine
- **Robotic surgery** in select cases
- **Percutaneous nephrolithotomy**, a surgical procedure in which a hollow tube is inserted into the kidney through a small cut in the back, which allows the surgeon to break up and remove large kidney stones
- **Use of the latest flexible scopes and energy devices** for removal of stones located in the ureters

Our services are designed for your convenience:

- **Two New Brunswick locations**
- **Weekday appointments for new patients at the Clinical Academic Building and at both of our offices on Thursdays**
- **Direct access from Robert Wood Johnson University Hospital's Emergency Department to our specialists**



Want more information? Talk to any of our staff, or call 732-235-7775.